

# 30 DAYS OF LOVE

## FORTIFYING THE MOVEMENT

### WEEK ONE: RELATIONSHIPS & MOVEMENTS

Our work in movement is cyclical: some days we find joy, inspiration, and justice. Other days, we find ourselves devastated, exhausted and confused. The work of social transformation requires not only a rigor of politics but also a rigor of discernment – recognizing the real human needs we each have to be our best selves.

My organic strength as a leader is:

My strength that I had to work hardest to develop as a leader is:

My biggest learning curve as a leader is:

My leadership has developed the most when:

Work you love that also feeds you:

Work you love which drains you:

Work that you feel neutral about doing:

Work that you dislike doing but are also willing to do:

Work you will not do:

Are you willing to be transformed in the service of this work?

What are you willing to let go of in order to keep doing this work?

What is plaguing you?

What is protecting you?

What is fortifying you?

Movements are made of people and organizations. Organizations are groups of people. Relationships with ourselves, between people, relationships between organizations and relationships we have to power are the bonds that create and sustain movement. Groups, campaigns, and movements often fall apart because we don't know how to be in relationship with each other. From our everyday relationships, to that person that you make eye contact with at a rally, without relationships there are no social movements. Building relationships in this work is not enough, we need to maintain them too.

What do you see as your biggest strength in building relationships?

What do you see as your biggest learning curve in building relationships?

What words would you use to describe the culture you build with others in your group or congregation?

What is an example of your relationship building at its best?

At its worst?

What is an example of your relationship maintenance at its best?

At its worst?

What is an example of when you had a relationship fall apart in your life?

What was your role in it falling apart? What did you learn?

What is an example of when you had a relationship endure in your life?

What was your role in it enduring?

What did you learn?